

INFORMED CONSENT CHECKLIST FOR TELEMENTAL HEALTH SERVICES

Prior to starting video-conferencing services, we discussed and agreed to the following:

- There are potential benefits and risks of video-conferencing (e.g. limits to patient confidentiality) that differ from in-person sessions.
- Confidentiality still applies for tele-mental health services, and nobody will record the session without the permission from the other persons(s).
- We agree to use the video-conferencing platform selected for our virtual sessions, and I will explain how to use it.
- You need to use a webcam, ipad or smartphone during the session.
- It is important to be in a quiet, private space that is free of distractions (including cell phone, other smart devices, etc.) during the session.
- It is important to use a secure internet connection rather than public/free Wi-Fi.
- It is important to be on time. If you need to cancel or change your tele-appointment, you must notify me in advance by phone or email.
- We need a back-up plan (e.g. phone number where you can be reached) to restart the session or to reschedule it, in the event of technical problems.
- We need a safety plan that includes at least one emergency contact and the closest ER to your location, in the event of a crisis situation.
- As usual, you are responsible to pay in full for each session. If you are pursuing insurance reimbursement, you should confirm with your insurance company what level of reimbursement you can expect for video or phone sessions (vs. in person sessions).
- You agree to receive and respond to Square invoices and receipts by 5pm on the day of service unless we have mutually agreed to another form or mode of payment.
- As your therapist, I may determine that due to certain circumstances, video or phone sessions are no longer appropriate and that we should resume our sessions in person.

Print Client Name

Lisa Harrell, LPCC

Client Signature

Date:

Date: